

Registration

Participant Name_____

Address_____

City_____

State____ Zip_____

Home Phone_____

Email:_____

T-Shirt Size

- Small
- Medium
- Large
- XL
- XXL

Estimated 1500m

Time:_____

Division

Please check the appropriate division to compete in. (divisions may be added or subtracted based on enrollment)

OPEN

- Mens
- Womens
- Coed

MASTERS (over 45)

- Mens
- Womens
- Coed

I have read the liability release, and understand that I give up substantial rights by signing below and sign voluntarily.

Athlete Signature_____

Applications can either be dropped off or mailed to:

Newport Parks & Recreation
Attn: Oregon Coast Games
169 SW Coast Hwy.
Newport, Oregon 97365

Sponsors



Contributing Sponsors



Other Oregon Coast Games Events:

- Olalla Lake Swim
- Yaquina River Run-Off Relay
- 3-on-3 Basketball
- Track & Field

For Information contact:

Liam Hughes
(541) 574-5353

l.hughes@thecityofnewport.net

Oregon Coast Games 2009



Olalla Lake Swim (800m & 1500m) AUGUST 16, 2009



For Race Information Contact:
Liam Hughes
Sports Coordinator
Newport Parks and Recreation Department
(541) 574-5453
L.hughes@thecityofnewport.net
www.newportparksandrecreation.net

One of the new events in this years Oregon Coast Games is a swimming event at the beautiful Olalla Lake.

Swimmers will get their choice of racing over either an 800m or 1500m course.



Time and Place:

Swimmers should be ready for check-in and orientation at 12 noon, with the race getting underway around 1:00 pm.

Course: There will be two buoys on the course. The nearest one will mark the turnaround point for the 800m course. The second will mark the 1500m turnaround. Swimmers in the 1500m race will have to pass outside the 800m buoy on route to the 1500m marker. Anyone cutting the corner will be disqualified.

Registration and Fees:

18 and under: \$10

Over 18: \$15

Entry fee includes an event T-Shirt. However people registering after August 1st will have to pick their T-Shirt up from the Newport Recreation Center two weeks after the event.

No registrations will be accepted on the day of the event.

Safety: Swimming in open water is very different from swimming in a pool. Olalla Lake is a fairly large expanse of deep water. There will be lifeguards present, but due to the size of the body of water it may take time to reach you if you should have difficulties. Please be honest with yourself about your swimming ability, and do not attempt this event unless you are sure you can make it, and have trained to do so. Also children under 16 years of age are not permitted to compete without special approval that may include a swim test.

Awards: There will be an award ceremony following the race. The exact format and timing of the awards will vary depending on the number of swimmers. Further information on the awards will be given at check-in on race day.

Facilities: Olalla Lake is a remote location without many facilities, power, drinking water, etc. Therefore competitors should bring whatever they may need with them.

Volunteers: Events such as this require large numbers of volunteers to run. Therefore anyone wishing to help would be much appreciated. Please contact Liam Hughes at the Newport Recreation Center, to sign up as a volunteer.

Liability Release

In consideration of being allowed to participate in the Oregon Coast Games (OCG) or related events, I: Agree that I will inspect the facilities and equipment to be used and will immediately advise the coach and or venue supervisor of any unsafe or defective facilities or equipment and will refuse to participate unless and until the facilities or equipment are made safe.

Acknowledge and fully understand that I will be engaging in activities that involve risk of serious injuries, including permanent disability or death, and severe social and economic losses which might result not only from my actions, inactions, or negligence, but also the action, inaction, or negligence of others, the rules of play, or the condition of the premises or any equipment to be used. Further, there may be other risks not known or not reasonably foreseeable at this time.

Assume all risk and accept personal responsibility for damage, injury, permanent disability or death.

Release, waive, discharge and covenant not to sue the City of Newport, Friends of the Newport Senior Center; their officials, employees, agents and volunteers, from any and all liability for any and all claims, losses or damages related to my participation in the OCG or related activities.

Agree that I will be responsible for my medical costs relating in any way to my participation in the OCG and related events.

Consent to allow my picture, voice and likeness to appear in any documentary, promotional media, television, radio or print film coverage of the OCG incidental to my participation and without compensation to me.